### SUNDAY

7:00AM-8:00AM (O,WC,VM,TC) DAWN OF RECOVERY Zoom ID: 4953785428 | Passcode: 457382

**4:00PM-5:00PM (O,RF) STRAIGHT ARROWS** First Baptist Church, 1175 G St, Springfield, OR, 97477

**5:00PM-6:00PM (O,BK) MADE A DECISION**Eugene First Church of the Nazarene, 727 W Broadway, Eugene, OR, 97402

**5:45PM-7:00PM (O) SOLUTIONS FOR LIVING**Asbury United Methodist Church, 1090 Berntzen Rd, Eugene, OR, 97402

**6:30PM-7:30PM (O,To,CW) ANOTHER 24** Identity Dance Company, 1479 Mohawk Blvd, Springfield, OR, 97477

### MONDAY

7:00AM-8:00AM (O,WC,VM,TC) DAWN OF RECOVERY Zoom ID: 4953785428 | Passcode: 457382

**8:00AM-9:00AM (O,CW) JUST FOR TODAY** Jesco Club (3rd & Blair), 340 Blair Boulevard, Eugene, OR, 97405

**12:00PM-1:00PM (O,CW) OUT TO LUNCH BUNCH** Luther House, 1824 University St., Eugene, OR, 97403

6:00PM-7:00PM (C,NC,WC,ME) CONSCIOUS CONTACT MEETING

Messiah Lutheran Church, 3280 River Road, Eugene, OR, 97404

**7:00PM-8:00PM (O,WC,CW,LS) FLORENCE THRONG**Laurelwood Community Center, 1137 Maple Street, Florence, OR, 97439

**7:00PM-8:00PM (C) FOREVER NON-PROFESSIONAL** Saint Mary's Episcopal Church, 1300 Pearl Street, Eugene, OR, 97401-3539

**7:00PM-8:00PM (O,WC) MONDAY NIGHT NEWCOMERS** Trinity United Methodist Church, 440 Maxwell Street, Eugene, OR, 97404

7:30PM-8:30PM (O,SD,WC,CW) STAND UP FOR YOUR RECOVERY

Eugene Friends Church, 3495 W 18th Avenue, Eugene, OR, 97402

8:00PM-9:00PM (O,To,WC,VM) TOGETHER WE CAN Zoom ID: 84310190693 | Passcode: 867513

### TUESDAY

7:00AM-8:00AM (O,WC,VM,TC) DAWN OF RECOVERY Zoom ID: 4953785428 | Passcode: 457382

**12:00PM-1:00PM (O,CW) OUT TO LUNCH BUNCH** Luther House, 1824 University St., Eugene, OR, 97403

5:30PM-6:30PM (O,To,WC) R U 1 2 II Hope Community Church, 205 N 23rd Street, Springfield, OR, 97477

### TUESDAY (CONT)

6:00PM-7:00PM (C,CL,W,WC,BK) SURRENDERED SISTERS

Wesley United Methodist Church, 1385 Oakway Road, Eugene, OR, 97401

**7:00PM-8:00PM (O,CW) OUTSIDERS MEETING** St. Henry's Catholic Church, 38925 Dexter Road, Dexter, OR, 97431

**7:00PM-8:00PM (C,M,RF) TUESDAY NIGHT MEN'S** Messiah Lutheran Church, 3280 River Road, Eugene, OR, 97404

**7:30PM-8:30PM (O) RECOVERY BY THE RIVER** Jesco Club, 340 Blair Blvd, Eugene, OR, 97402

### WEDNESDAY

7:00AM-8:00AM (O,WC,VM,TC) DAWN OF RECOVERY Zoom ID: 4953785428 | Passcode: 457382

8:00AM-9:00AM (O,CW) JUST FOR TODAY Jesco Club (3rd & Blair), 340 Blair Boulevard, Eugene, OR, 97405

**12:00PM-1:00PM (O,CW) OUT TO LUNCH BUNCH** Luther House, 1824 University St., Eugene, OR, 97403

6:30PM-7:30PM (CL,O) SPIRITUAL FOUNDATIONS CANDLELIGHT

Saint Mary's Episcopal Church, 1300 Pearl Street, Eugene, OR, 97401-3539

**7:00PM-8:00PM (D,O,WC,CW) FLORENCE THRONG**Laurelwood Community Center, 1137 Maple St., Florence, OR, 97439

**7:00PM-8:00PM (O) MID WEEK SERENITY** Garden Way Church (In the Gym), 231 North Garden Way, Eugene, OR, 97401-8041

### **THURSDAY**

7:00AM-8:00AM (O,WC,VM,TC) DAWN OF RECOVERY Zoom ID: 4953785428 | Passcode: 457382

**12:00PM-1:00PM (O) HOPE RIDES AGAIN**Hope Community Church, 205 N. 23rd Street, Springfield, OR, 97477

**12:00PM-1:00PM (O,CW) OUT TO LUNCH BUNCH** Luther House, 1824 University St., Eugene, OR, 97403

**7:00PM-8:00PM (O) SURVIVORS GROUP**United Lutheran Church, 2230 Washington Street, Eugene, OR, 97405

**7:30PM-8:30PM (O,WC,CW) NO MATTER WHAT** Springfield Church of God, 1369 D Street, Springfield, OR, 97477

### FRIDAY

7:00AM-8:00AM (O,WC,VM,TC) DAWN OF RECOVERY Zoom ID: 4953785428 | Passcode: 457382

### FRIDAY (CONT)

**8:00AM-9:00AM (O,CW) JUST FOR TODAY**Jesco Club (3rd & Blair), 340 Blair Boulevard, Eugene, OR, 97405

**12:00PM-1:00PM (O,CW) OUT TO LUNCH BUNCH** Luther House, 1824 University St., Eugene, OR, 97403

**6:00PM-7:00PM (O) FRIDAY NIGHT SERENITY** Emmaus Lutheran Church, 1250 W. 18th Avenue, Eugene, OR, 97402

**6:30PM-7:30PM (O,CW) COPING WITH GRIEF & LOSS** First Baptist Church, 1175 G St, Springfield, OR, 97477

**7:00PM-8:00PM (D,O,WC,CW) FLORENCE THRONG**Laurelwood Community Center, 1137 Maple St., Florence, OR, 97439

**7:00PM-8:00PM (O,BK) IN MEMORY OF** , 834 Monroe Street, Eugene, OR, 97402-5142

**7:00PM-8:30PM (O,WC,BK) THE BASIC MEETING**Wesley United Methodist Church, 1385 Oakway Road, Eugene, OR, 97401
Classroom 4

**7:00PM-8:00PM (O,CW) YOUNG PERSONS MEETING** Saint Mary's Episcopal Church, 1300 Pearl Street, Eugene, OR, 97401-3539

### SATURDAY

7:00AM-8:00AM (O,WC,VM,TC) DAWN OF RECOVERY Zoom ID: 4953785428 | Passcode: 457382

**6:00PM-7:15PM (C,BK) WE DO RECOVER** Emmaus Lutheran Church, 1250 W 18th Avenue, Eugene, OR, 97402

**7:30PM-8:30PM SHUT UP AND LISTEN** Jesco Club, 340 Blair Blvd, Eugene, OR, 97402

MEETING FORMAT LEGEND			
BK	Book Study	С	Closed
CL	Candlelight	CW	Children Welcome
D	Discussion	LS	Literature Study
M	Men	ME	Meditation
NC	No Children	0	Open
RF	Rotating Format	SD	Speaker/Discussion
TC	Temporarily Closed Facility	То	Topic
VM	Virtual Meeting	W	Women
WC	Wheelchair		

### **COMMITTEE MEETINGS**

### AREA SERVICE COMMITTEE

Meets the first Saturday of each month.

10:00AM-12:00PM

Hilyard Community Center, 2580 Hilyard St., Eugene, OR 97405 chairperson@lanecountyarea-na.org

### **HOSPITALS & INSTITUTIONS**

Meets the Friday before Area.

6:00PM-8:00PM

McNail Riley House, 601 W. 13th Ave., Eugene, OR 97401

### PUBLIC RELATIONS

Meets the third Monday of each month.

6:00PM-7:30PM

City First Church of the Nazarene, 830 Madison St., Eugene, OR 97402

Enter 8th St. Alley, N. Bldg. Top of stairs, Rm 201N

### ACTIVITIES

Meets the fourth Sunday of each month.

4:00PM-5:30PM

Center for Spiritual Living, 390 Vernal St., Eugene, OR 97401

### SCAN CODE FOR CURRENT EVENTS



# **CLEAN CONTACTS** Men's or Women's?

## What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 68

# Narcotics Anonymous May 2024



# LANE COUNTY AREA MEETING LIST

# 24 HOUR HELPLINE **541-729-0080**

# https://lanecountyarea-na.org

Any addict seeking help is welcome at any meeting, regardless of the way it is listed.

### SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Work the steps
Use the PHONE
KEEP COMING BACK, IT WORKS.

Meetings Weekly: 44

